

Name: _____
ATG: _____

Week beginning ____-____-____
Week ending ____-____-____

Basic Five Weekly Check List

1.) Listen to one tape per day:

Sun.____ Mon____ Tues____ Wed____ Thurs____ Fri____ Sat____

2.) Read 20-30 min. per day:

Sun____ Mon____ Tues____ Wed____ Thurs____ Fri____ Sat____

3.) Read goal statement 2 x's per day:

Sun.____ Mon____ Tues____ Wed____ Thurs____ Fri____ Sat____

4.) Sell 1 product per week to a new customer:

Name: _____ Date: ____-____-____ Product(s) _____

5.) Show the plan to one personal prospect per week:

Name: _____ Next Step: _____

6.) Follow up 1 time per week:

Name: _____ Next Step: _____

7.) Attend 1-2 meetings per week:

Date: ____-____-____ Location: _____ Meeting Type: _____

Date: ____-____-____ Location: _____ Meeting Type: _____

8.) Positive out loud verbal projections 50-100x's per day:

Business "high":

Business "low":

Goal for next week: